

Sir Thomas Picton School 5 x 60 News

Cheerleading Club

The cheerleading club, targeting girls from years 9 to 11, has now run for 13 consecutive weeks, with 30 girls participating in total.

39 pupils then went on to represent Sir Thomas Picton in an Inter School Dance competition, competing against pupils from Greenhill, Bro Gwaun and Dewi Sant schools. Sir Thomas Picton pupils performed and behaved brilliantly on the day, with Monique Parsley winning the 'Year 7 & 8 Individual' category, Laura Venables winning the 'Year 9 – 11 Individual' category, and all girl group 'Unison' winning the 'Group' category.

The girls are now working towards the national Street dance Competition to be held in December this year.

Due to the success of the cheerleading club, a new dance club for both girls and boys in Year 7 and 8 has started which runs every Thursday after school.

Badminton and Table Tennis Club

This has been the most popular of all the 5 x 60 clubs currently on offer at STP. The club was originally started by proactive Learning Support Staff who wanted to offer all pupils a 'Turn up and play' session at lunch time. With the support of 5 x 60, the club now has an average 30 pupils turn up every Friday, and some 80 children have attended so far.

The club is all inclusive and attracts pupils from all age year groups.

Yr 7 Inter Form Indoor Rugby Competition

All 6 tutor groups in Year 7 have been involved in a keenly contested indoor rugby league. The sessions were led by Head of Year Mr James and 5x60 Officer Ben Field, with the assistance of 3 sixth form pupils, Rob Gaskell, James Barton and Henry Durrant.

In this indoor version of the game, known to all the pupils as 'Gellyball', rules are slightly different to that of 'normal' touch rugby, with players allowed to pass the ball forward, with tries being scored in an end zone similar to that of American Football. It has also attracted large groups of supporters each week.

Tutor groups selected an A & B team, with each side playing their matches on alternate Mondays. Over 65 pupils took part in the league, with 3 games played every weekly.

Year 7 Golf Club

After analysis of questionnaires completed by Year 7 Pupils, it was clear that a large percentage would like the opportunity to play golf.

Due to this interest, a partnership was created between 5x60 Officer Ben Field, Golf Development Officer Alan Jones and Haverfordwest Golf Club's Professional Matthew Hearne, with the latter providing weekly coaching every Friday afternoon on the schools Astro turf pitch.

Pupils completed a 10 week course of coaching free of charge, 4 hours of which were held at Haverfordwest Golf Club during the Easter Holidays, allowing pupils the opportunity to use the clubs practice facilities. The hope is that some of these pupils will now go onto to continue their golf development by becoming junior members of the golf club at a discounted rate.

Girls Football

Qualified football coach Carrie Slack, has been delivering coaching to Year 7 & 8 girls every Friday after school during the Spring Term.

The club will be starting up again soon as a lunch time session, and will also be open to girls from year 9 in an attempt to attract a few extra players enabling Sir Thomas Picton to play some friendly fixtures against other local schools.

Tennis Club

John Royal, a highly qualified coach from Haverfordwest Tennis Club, is delivering a 5x60 tennis club open to all pupils across years 7 to 11 every Wednesday after school.

Tennis proved extremely popular according to pupil questionnaires, and was an obvious choice for a new summer club. John's approach is to offer a mixture of coaching, mini games and match play to engage pupils of all abilities.

Boxercise

This new club, delivered by a qualified instructor, is a mixture of both boxing and aerobics. It runs every Wed lunch time and offers pupils (and staff if they are interested) the chance to try a new and exciting fitness session open to both boys and girls of all ages and abilities.